

# Juneau, AK

## FUN THINGS TO DO FOR FAMILIES WITH YOUNG CHILDREN

### Activity Calendars

#### Juneau Empire

For upcoming events, read "Around Town"- usually on the back of page one, or check out the community calendar at <https://www.ktoo.org/calendar/>

#### JAHC

The Juneau Arts and Humanities Council maintains a community calendar at [jahc.org/community-calendar](http://jahc.org/community-calendar)

#### The Juneau Families Bulletin

Sign up to receive a free monthly bulletin with activities, recipes and kid friendly special events.

Email us at [info@aeyc-sea.org](mailto:info@aeyc-sea.org) or call at 907-789-1235 to subscribe.

### Ongoing Activities

#### Juneau Public Library

#### Family Nights

The third Thursday of every month, from 5:30-7p at the Downtown or Valley Library. A special guest, craft and light dinner will be provided. For more information and specific location, call the Juneau Public Library at 907-586-5249

#### Family Night at the Turf

2nd and 4th Fridays of the month from September through April at the Dimond Park Field House. This event is organized by AEYC, it is completely free and open to all families with young children ages 0-5 and their siblings.

Active play toys from the Turf for Tots program are provided. 789-1235

#### Home Depot Kids Workshops

The first Saturday of each month between 9:00 and 12:00 p.m. Designed for kids 5-12, these free workshops teach do-it-yourself skills and tool safety, while instilling a sense of accomplishment. 463-5034

### Groups

#### Baby Parent Time

A weekly parenting and baby play group for parents and their babies. Group topics come from class participant's questions and concerns and include topics such as Travel with Baby, Infant Brain Development and Games to Play with baby, etc. Thursdays from 12-1:30p at Bartlett Regional Hospital

#### Toddler Play Group

A weekly parenting and toddler play group for parents and their babies aged 1-3 years. Group topics come from parent's questions and concerns such as Discipline, Travel with Toddler, Weaning, Activities for Toddler and Speech Development among many others. Mondays from 12:15-1:30p at Northern Light Church, 400 W 11th st, Juneau

#### Dads 'n' Kiddos Playgroup

This fathers' group gives Dad time with their infants and/or toddlers in a safe, fun atmosphere. Topics of interest to fathers are discussed e.g. Saving for College, Brain Development, Toddler Proofing Your Home, Car Seat Safety, Discipline, etc. First Saturday of the month, 9-11a at Northern Light Church, 400 W 11th St, Juneau

#### New Parents Group

Tuesdays 1:00 to 2:30 p.m. at the Juneau Family Health and Birth Center in the exercise room. Push toys, puzzles, and plenty of room to get some energy out. All are welcome.

#### Toddler Time

Mondays at 10:00 a.m. at the Downtown Library.  
Mondays at 11:00 at the Mendenhall Valley Library  
586-5249.





# Indoor Recreation

## Turf for Tots

Monday through Friday from September to the end of May at the Dimond Park Field House near Thunder Mountain High School. The program runs from 9:30am-1pm each day. The entire turf is opened up and filled with active play toys for young children. Cost is \$5 per child per visit or \$50 for a 20-visit punch card. 523-4910.

## Mount Jumbo Gym

Monday - Friday 10:30 a.m. to 12:00 p.m., September-April. Preschool Open Gym at 909 4th Street in Douglas. For children ages 1 - 6 years. Cost \$2 per child per day. 364-2568.

## Augustus Brown Pool & Dimond Park Aquatic Center

Many classes for children 6 months and up. Augustus Brown Pool located at 1619 Glacier Ave., 586-5325. Dimond Park Aquatic Center at 3045 Dimond Park Loop.

## Treadwell Ice Arena

Open September - April. There are parent/tot skate and open skate times available. 105 Savikko Rd., Douglas. For more information call 586-0410.

## Zach Gordon Youth Center

A supervised recreation center primarily for youth, located at 396 Whittier Street. Drop-in youth activities include ping pong, pool, Wii, movies, board games, foosball, racquetball, basketball, weights, and arts and crafts. There is also a climbing wall available for both youth and adult access. For more information please call 586-2635.

## The Alaska Club

Valley location: 2841 Riverside Drive, 789-2181. Downtown location: 641 West Willoughby Avenue, Suite 210, 586-5773. Kids' Play Center: Monday - Sunday available for children 6 weeks - 8 years of age. 6 weeks - 13 months: \$4 per visit and 14 months - 8 years: \$3 per visit. Alaska Club provides a variety of programs for youth interested in sports and general fitness. In addition, there are fitness classes from karate to yoga geared specifically toward this group. General camps are available during school break to continue to keep kids entertained and fit.

# Outdoor Recreation

## Savikko Park (Sandy Beach)

Located on Third Street on Douglas. This beach has it all; historic trails, long shallow beach, a climbing structure, infant and regular swings, play structure, and covered shelters. This park also includes two restrooms and drinking fountains. The water at Sandy Beach is shallow and toddlers could have fun playing in the water, either in the summer or with boots in the fall-spring time.

## Riverside Rotary Park

Off Riverside Drive, located on a lake with walking path around the lake. There is a climbing structure, a sand box, regular and infant swings, lots of benches, portable rest room, drinking fountain, and ducks to feed.

## Cope Park

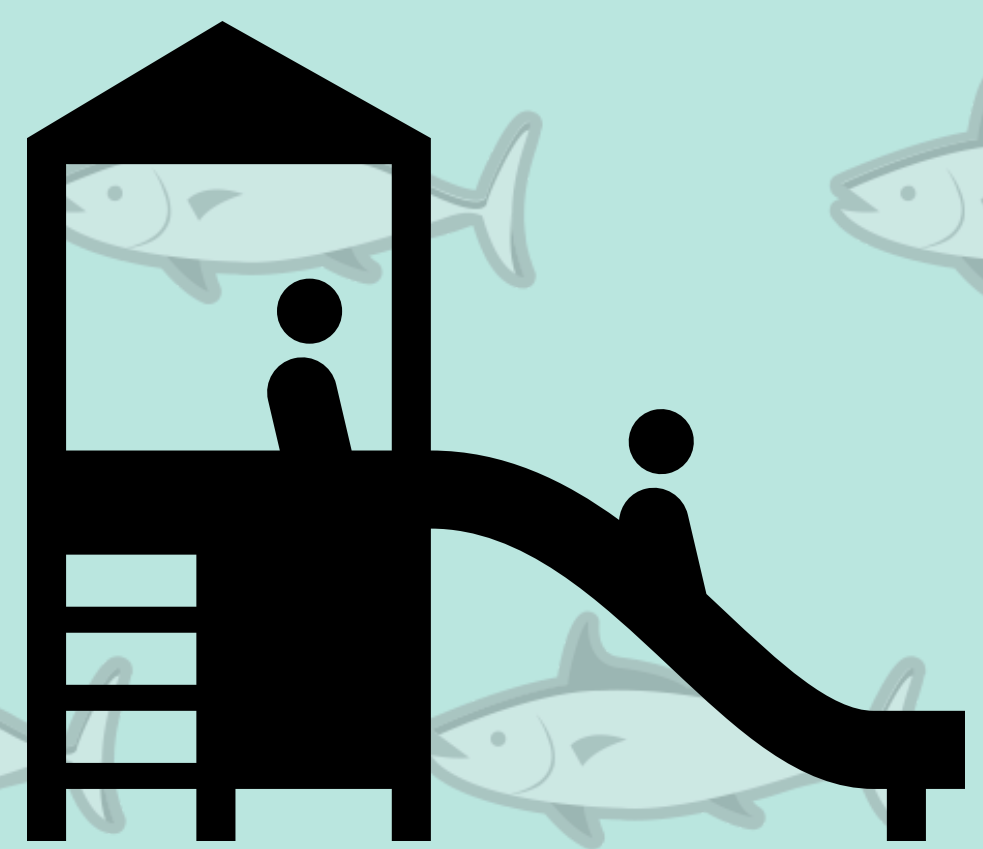
Located at Capital and Calhoun Streets. Within this park is a large climbing structure, tot swings, regular swings, tennis courts, ball field, covered shelter, picnic tables and grills, a summer rest room and a drinking fountain. The tennis area is good for kicking balls, riding toddler sized scooters etc.

## Twin Lakes

Located off of Old Glacier Highway, just past Hospital Drive. It has grassy hills to roll down and a great place to bring bikes and trikes. There are picnic tables, a summer rest room, drinking fountains, picnic shelter, and fishing pier. A rebuild of the original playground is in progress and estimated to be complete by fall of 2018.

## Auke Recreation

This beautiful beach located about a mile past the ferry terminal has a clean, rocky beach. It is a great place to throw rocks, have a picnic (there are covered picnic tables) and view wildlife: eagles, harbor porpoises, and the occasional whale.





# Places of Interest

## Mount Roberts Tramway

Located at 490 South Franklin. Open May through September, Monday from 11am – 9pm, Tuesday – Sunday from 8am - 9pm, Tickets are \$34 for adults, \$17 for child 3 – 12 years and Free for 2 years and under. Tickets allow all day unlimited rides. Allow a minimum of one hour for a complete tramway experience. For more information please call 463-3412.

## Marie Drake Planetarium

The Planetarium is a unique Juneau resource. It models the sky anytime, even when the weather is miserable. It has a 30 foot dome ceiling and is equipped with many projectors in addition to the stars and planets. Programs are presented throughout the year by the Friends of the Marie Drake Planetarium. Located downtown, 1415 Glacier Ave. Call 500-2941 or 723-9012 for more info.

## Mendenhall Glacier Visitor Center

Located 13 miles from downtown off of Mendenhall

Loop Rd. May - September the center is open daily from 8:00 am - 7:30 pm

Admission is \$3.00 per person.

October - April the center is open Friday through Sunday from 10:00am

- 4:00pm and admission is free. The

Mendenhall Glacier Visitor Center offers special events throughout the

year. These events include activities for everyone, including videos,

scavenger hunts, activity tables, and

guided hikes. Check with the visitor center for dates and topics 789-0097.



# Museums

## Alaska State Museum

Open May - October from 9:00am-5:00pm daily.

Admission: \$12, Seniors \$11.

Open October-May Tuesday through Saturday from 10:00am- 4:00 pm. Admission: \$7, Seniors \$6.

Free for Active-Duty Military and their family and youth ages 18 and under. Also free on the first Friday of every month from 4:30pm-7:00pm.

Located at 395 Whittier Street.

## Juneau Douglas City Museum

Open October-April from 10:00am-4:00pm, Tuesday through Saturday, free admission.

Open May through September from 9:00am-6:00pm Monday through Friday

and 10:00am-4:30pm Saturday and Sunday, Summer admission: \$6, \$5 for seniors,

kids 12 and younger are free.

## Ongoing Activities

### AEYC Family Nights at the Turf

Dimond Park Field House, every 2nd and 4th Friday of the month, September through April.

Bring your kids down to run around and play on the indoor turf and out of the cold. This is a

wonderful opportunity to allow kids to exercise and socialize, meet with other parents and

connect with local agencies that offer valuable resources to the families of Juneau. This event

is geared toward young children ages 0-8.

Siblings welcome.

### Family Nights at the Public Library

Every third Thursday of the month, during the school year. Typically held at the Valley Library,

occasionally downtown, call 907-586-5249 to verify. A special guest and craft activity. Light

dinner provided.

Supported by:

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Southeast Alaska Association for the Education of Young Children

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